

Making the unknown known

Are you interested in Energetics?



Do you want to know how the body can facilitate healing?

Do you want to help yourself and others?

Here is your chance to learn all this and more.

The NK Institute is coming to Cairns!!

Training begins in April 2019.

Contact Belinda or Jo for more information.



Head Trainer: Belinda Hall

M: 0421 397 342

E: belindahall1@icloud.com

Head Trainer: Jo Wooler

M: 0407 807 786

E: email@mojocreations.com.au

What is Kinesiology?

Kinesiology offers a model of care, which considers the deep connections between the physical aspects of the body such as bones, muscles, hormones and neurology, the emotional aspects such as thoughts and attitudes, and the energetic structures such as auras, chakras, nadis and meridians.

Muscle monitoring allows the practitioner to assess the stress levels in the physical and the energetic structures to identify the most appropriate techniques to restore balance to the body. Working with the subconscious and unconscious mind eliminates the need for guesswork - the body knows.

Learning kinesiology concepts and techniques offers an excellent opportunity for self-discovery and assists in the journey to self-healing and facilitating the healing of others. It provides effective practical tools to help yourself, your family, friends & clients to realise health and wellbeing.

If you are interested in learning more about studying this healing modality, you can contact either Belinda or Jo, details as above. We are taking enrolments now for our 2019 intake.