

Crystal Bowl Chakra Meditations

FEB - Mon 12th
MAR - Mon 12th
APR - Mon 9th
MAY - Mon 14th
JUNE - Mon 11th
JULY - Mon 9th
AUG - Mon 13th
SEPT - Mon 10th
OCT - Mon 8th
NOV - Mon 12th
DEC - Mon 10th

*Tune Up
&
Tune In*

*The angelic healing sounds of the clear quartz crystal singing bowls
and the purity of the clear quartz crystal lyre
resonate and restore harmony to the body, mind and soul.
The sacred sounds and frequencies bring balance to the chakra
system and our entire energy field.*

**Chrysalis Relaxation Centre,
129 Mulgrave Rd. \$10
Monday 10.30am - 11.30am
(2nd Monday each month)**



Phone Renee on 0428 846 799